

UTTC club records indoor. Dec 2023 update

DISTANCE	AG	TIME	NAME	LAST NAME	DATE	LOCATION
50 m	M30	6.61	Manly	Lau	25-Feb-23	Canadian Masters Championships, TTFC, Toronto, ON
	M35	6.17	Alex	Gbaguidi	11-Mar-18	Canadian Masters Championships, TTFC, Toronto, ON
	M40	6.20	Chris	Lemassif	26-Jan-08	OMA Mini Meet #2, TTFC, Toronto, ON
	M45	6.50	Chris	Lemassif	14-Mar-15	Canadian Masters Championships, TTFC, Toronto, ON
	M50	6.65	Chris	Lemassif	11-Mar-17	Canadian Masters Championships, TTFC, Toronto, ON
	M55	7.49	Mel	White	17-Jan-16	OMA Mini Meet #1, TTFC, Toronto, ON
	M60	7.62	Dave	Williams	25-Feb-23	Canadian Masters Championships, TTFC, Toronto, ON
	M65	7.62	Dave	Williams	17-Feb-24	Canadian championships, Montreal, QC
	M70	7.56	Tony	Powell	14-Mar-15	Canadian Masters Championships, TTFC, Toronto, ON
	M75	9.71	Patrick	Groulx	10-Mar-18	Canadian Masters Championships, TTFC, Toronto, ON
50 m	W35	6.91	Khama	Beckles	15-Mar-14	Canadian Championships, TTFC, Toronto, ON
	W40	7,38	Violeta	Garfunkel	15-Jan-17	OMA Mini Meet #1, TTFC, Toronto, ON
	W45	7.66	Debbie	Zinman	10-Mar-18	Canadian Masters Championships, TTFC, Toronto, ON
	W50	7.93	Mary	Harmer	17-Jan-16	OMA Mini Meet #1, TTFC, Toronto, ON
	W55	9.84	Nicky	Slovitt	19-Mar-16	Canadian Masters Championships, TTFC, Toronto, ON

60 m	M30	7.52	Manly	Lau	13-Feb-19	Mini Meet #2, TTFC
	M35	7.18	Alex	Gbaguidi	10-Mar-18	Canadian Masters Championships, TTFC, Toronto, ON
	M40	7.34	Nigel	John	March, 2014	World Masters Indoor Championships, Budapest, Hungary
	M45	7.51	Chris	Lemassif	24-Mar-15	European Championships, Torun, Poland
	M50	7.62	Chris	Lemassif	19-Feb-17	OMA Mini Meet #3 TTFC, Toronto, ON
	M55	7.80	Chris	Lemassif	5-Feb-23	Ontario Masters championships, TTFC, Toronto, ON
	M60	8.74	Dave	Williams	26-Feb-23	Canadian Masters Championships, TTFC, Toronto, ON
	M65	8.85	Dave	Williams	25-Feb-24	Ontario Championships, TTFC, Toronto, ON
	M70	9.16	Tony	Powell	15-Mar-15	Canadian Masters Championships, TTFC, Toronto, ON
	M75	11.88	Patrick	Groulx	11-Feb-18	OMA Mini Meet #3 TTFC, Toronto, ON
60 m	W30	8.22	Jillian	Simmons	21-Jan-18	OMA Mini Meet #2, TTFC, Toronto, ON
	W35	7.90	Khama	Beckles	March, 2014	World Masters Indoor Championships, Budapest, Hungary
	W40	8.55	Violeta	Garfunkel	11-Mar-18	Canadian Masters Championships, TTFC, Toronto, ON
	W45	8.54	Violeta	Garfunkel	2-Feb-20	Mini Meet #3, TTFC, Toronto, ON
	W50	8.89	Debbie	Zinman	2-Feb-20	OMA Mini Meet #3 TTFC, Toronto, ON
	W55	9.68	Renata	Macherzynska	11-Feb-18	OMA Mini Meet #3 TTFC, Toronto, ON
	W60	9.31	Renata	Macherzynska	26-Feb-23	Ontario Masters championships, TTFC, Toronto, ON

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200 m	M30	24.53	Andre	Mitchell	13-Feb-11	Mini Meet #4, TTFC
	M35	24.03	Simon	Taggart	25-Feb-23	Ontario Masters championships, TTFC, Toronto, ON
	M40	23.44	Nigel	John	March, 2008	World Masters Indoor Championships, Budapest, Hungary
	M45	24.15	Chris	Lemassif	26-Mar-15	European Championships, Torun, Poland
	M50	24.27	Chris	Lemassif	23-Mar-17	World Masters Indoor Championships, Daegu, South
	M55	24.62	Chris	Lemassif	30-Mar-23	World Masters Indoor Championships, Torun, Poland
	M60	29.68	Dave	Williams	25-Feb-23	Ontario Masters championships, TTFC, Toronto, ON
	M65	30.47	Dave	Williams	18-Mar-24	Canadian Championships, TTFC, Toronto, ON
	M70	28.90	Tony	Powell	14-Mar-15	Canadian Masters Championships, TTFC, Toronto, ON
	M75	39.44	Vern	Christensen	19-Mar-16	Canadian Masters Championships, TTFC, Toronto, ON
200 m	W30	28.19	Julia	Carew	26-Feb-17	Ontario Masters championships, TTFC, Toronto, ON
	W35	26.58	Khama	Beckles	March, 2014	World Masters Indoor Championships, Budapest, Hungary
	W40	28.23	Violeta	Garfunkel	10-Mar-18	Canadian Championships, TTFC, Toronto, ON
	W45	27.89	Violeta	Garfunkel	8-Mar-20	Ontario Masters Championships, TTFC, Toronto, ON
	W50	30.55	Debbie	Zinman	2-Feb-20	OMA Mini Meet #3, TTFC, Toronto, ON
	W55	33.56	Renata	Macherzynska	25-Feb-18	Ontario Masters Championships, TTFC, Toronto, ON
	W60	32.04	Renata	Macherzynska	25-Feb-23	OMA Mini Meet #2 TTFC, Toronto, ON
300 m	M35	44.78	Francis	Elek	7-Jan-12	Sharon Anderson Memorial, Toronto, ON
	M40	39.99	Chris	Lemassif	7-Jan-12	Sharon Anderson Memorial, Toronto ON
	M40	38.40	Chris	Lemassif	4-Jan-08	Sharon Anderson Memorial, Toronto, ON
	M60	53.91	Duncan	Greenshields	20-Jan-13	OMA Mini Meet #1, TTFC, Toronto, ON
	M65	58.33	Duncan	Greenshields	15-Jan-17	OMA Mini Meet #1, TTFC, Toronto, ON
	W30	40.08	Eseroghene	Omene	7-Jan-12	McGill Team Challenge, Montreal, QC
400 m	M30	58.88	Mike	Connors	27-Feb-23	Canadian Masters Championships, TTFC Toronto, ON
	M35	54.35	Andre	Mitchell	11-Mar-12	Canadian Masters Championships, TTFC, Toronto, ON
	M40	52.40	Chris	Lemassif	March, 2008	World Masters Indoor Championships, Clermont, FR
	M45	52.14	Mike	Sherar	March, 2010	World Masters Indoor Championships, Kamloops, BC
	M50	54.58	Mike	Sherar	25-Mar-17	World Masters Indoor Championships, Daegu, South
	M55	55.63	Mike	Sherar	31-Mar-19	World Masters Indoor Championships, Torun, Poland
	M60	70.36	Duncan	Greenshields	26-Feb-12	Ontario Masters Championships, TTFC, Toronto, ON

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	M65	71.07	Norman	Creen	29-Jan-17	OMA Mini Meet #2, TTFC, Toronto, ON
	M70	86.95	Vern	Christensen	22-Feb-15	Ontario Masters Championships, TTFC, Toronto, ON
	M75	85.64	Vern	Christensen	20-Mar-16	Canadian Masters Championships, TTFC, Toronto, ON
400 m	W30	56.72	Eseroghene	Omene	13-Feb-16	Spire NCAA D1, Geneva, OH
	W35	65.47	Carew	Julia	2/26/2023	Canadian Masters Championships, TTFC Toronto, ON
	W40	71.51	Amy	Ballon	9-Mar-14	Ontario Masters Championships, TTFC Toronto, ON
	W45	65.69	Nancy	Catton	25-Jan-15	OMA Mini Meet #2, TTFC, Toronto, ON
	W50	64.38	Annie	Bunting	15-Mar-15	Canadian Masters Championships, TTFC Toronto, ON
	W55	71.92	Heather	O'Hagan	12-Mar-17	Canadian Masters Championships, TTFC Toronto, ON
	W60	80.20	Rita	Botelho	2/26/2023	Canadian Masters Championships, TTFC Toronto, ON

50m Hurdles	M35	7.34	Simon	Taggart	14-Jan-24	OMA Mini Meet #1, TTFC, Toronto, ON
	M40	9.92	Gary	Pluim	9-Jan-12	OMA Mini Meet #1, TTFC, Toronto, ON

60m Hurdles	M35	8.42	Simon	Taggart	5-Feb-23	Ontario Masters championships, TTFC, Toronto, ON
	M40	10.13	Jordan	Rosenberg	22-Jan-12	OMA Mini Meet #2, TTFC, Toronto, ON
	M45	9.84	Marcus	Skeete	25-Mar-17	World Masters Indoor Championships, Deagu, South
	M50	9.77	Marcus	Skeete	3/19/2019	World Masters Indoor Championships, Torun, Poland
	M55	10.06	Marcus	Skeete	1/7/2023	Sabadell, Barcelona, Spain
	M60	12.37	Peter	Zowkewych	16-Mar-14	Canadian Masters Championships, TTFC, Toronto, ON
	M65	12.35	Peter	Zowkewych	11/12-Mar-2017	Canadian Pent Masters Championship, TTFC, Toronto,