

INDOOR CLUB RECORDS 2020

| DISTANCE | AG | TIME | NAME | LAST NAME | DATE | LOCATION |
|------------|-----|-------|---------|--------------|----------------|--------------------------------------|
| 50 Metres | M30 | 7.82 | Steven | Blau | 11-Mar-17 | CMA Championships, TTFC, Toronto, ON |
| 50 Metres | M35 | 6.17 | Alex | Gbaguidi | 11-Mar-18 | CMA Champs, Toronto, ON |
| 50 Metres | M40 | 6.20 | Chris | Lemassif | 26-Jan-08 | OMA Mini Meet #2, TTFC, Toronto, ON |
| 50 Metres | M45 | 6.50 | Chris | Lemassif | 14-Mar-15 | CMA Champs, TTFC, Toronto, ON |
| 50 Metres | M50 | 6.65 | Chris | Lemassif | 11-Mar-17 | CMA Championships, TTFC, Toronto, ON |
| 50 Metres | M55 | 7.49 | Mel | White | 17-Jan-16 | OMA Mini Meet #1, TTFC, Toronto, ON |
| 50 Metres | M70 | 7.56 | Tony | Powell | 14-Mar-15 | CMA Championships, TTFC, Toronto, ON |
| 50 Metres | M75 | 9.71 | Patrick | Groulx | 10-Mar-18 | CMA Champs, TTFC, Toronto, ON |
| 50 Metres | W35 | 6.91 | Khama | Beckles | 15-Mar-14 | CMA Championships, TTFC, Toronto, ON |
| 50 Metres | W40 | 7.38 | Violeta | Garfunkel | 15-Jan-17 | OMA Mini Meet #1, TTFC, Toronto, ON |
| 50 Metres | W45 | 7.66 | Debbie | Zinman | 10-Mar-18 | CMA Champs, TTFC, Toronto, ON |
| 50 Metres | W50 | 7.93 | Mary | Harmer | 17-Jan-16 | OMA Mini Meet #1, TTFC, Toronto, ON |
| 50 Metres | W55 | 9.84 | Nicky | Slovitt | 19-Mar-16 | CMA Championships, TTFC, Toronto, ON |
| | | | | | | |
| 60 Metres | M30 | 7.52 | Manly | Lau | 13-Feb-11 | Mini Meet #2, TTFC |
| 60 Metres | M35 | 7.18 | Alex | Gbaguidi | 10-Mar-18 | CMA Championships, TTFC, Toronto, ON |
| 60 Metres | M40 | 7.34 | Nigel | John | March, 2014 | WMA Indoor Champs, Budapest, HU |
| 60 Metres | M45 | 7.51 | Chris | Lemassif | 24-Mar-15 | Euro Champs, Torun, POL |
| 60 Metres | M50 | 7.62 | Chris | Lemassif | 19-Feb-17 | OMA Mini Meet #3 TTFC, Toronto, ON |
| 60 Metres | M55 | 7.94 | Chris | Lemassif | 27-Feb-22 | Ontario Masters championships, TTFC |
| 60 Metres | M60 | 9.30 | Peter | Zowkewych | 19-Jan-14 | OMA Mini Meet #2, TTFC, Toronto, ON |
| 60 Metres | M65 | 9.19 | Peter | Zowkewych | Jan 25/26 2020 | USATF Heptathlon Champs, Kenosha, WI |
| 60 Metres | M70 | 9.16 | Tony | Powell | 15-Mar-15 | CMA Championships, TTFC, Toronto, ON |
| 60 Metres | M75 | 11.88 | Patrick | Groulx | 11-Feb-18 | OMA Mini Meet #3 TTFC, Toronto, ON |
| 60 Metres | W30 | 8.22 | Jillian | Simmons | 21-Jan-18 | OMA Mini Meet #2, TTFC, Toronto, ON |
| 60 Metres | W35 | 7.90 | Khama | Beckles | March, 2014 | WMA Indoor Champs, Budapest, HU |
| 60 Metres | W40 | 8.55 | Violeta | Garfunkel | 11-Mar-18 | CMA Championships, TTFC, Toronto, ON |
| 60 Metres | W45 | 8.54 | Violeta | Garfunkel | 02-Feb-20 | Mini Meet #3, TTFC, Toronto, ON |
| 60 Metres | W50 | 8.89 | Debbie | Zinman | 02-Feb-20 | OMA Mini Meet #3 TTFC, Toronto, ON |
| 60 Metres | W55 | 9.68 | Renata | Macherzynska | 11-Feb-18 | OMA Mini Meet #3 TTFC, Toronto, ON |
| 60 Metres | W60 | 9.40 | Renata | Macherzynska | 02-Feb-20 | OMA Mini Meet #3 TTFC, Toronto, ON |
| | | | | | | |
| 200 Metres | M30 | 24.53 | Andre | Mitchell | 13-Feb-11 | Mini Meet #4, TTFC |

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| 200 Metres | M35 | 24.43 | Andre | Mitchell | 26-Feb-12 | OMA Championships, TTFC, Toronto, ON |
| 200 Metres | M40 | 23.44 | Nigel | John | March, 2008 | WMA Indoor Champs, Budapest, HU |
| 200 Metres | M45 | 24.15 | Chris | Lemassif | 26-Mar-15 | Euro Champs, Torun, POL |
| 200 Metres | M50 | 24.27 | Chris | Lemassif | 23-Mar-17 | Daegu 2017 Indoor World Championships |
| 200 Metres | M55 | 25.74 | Chris | Lemassif | 27-Feb-22 | Ontario Masters championships, TTFC |
| 200 Metres | M60 | 32.85 | Duncan | Greenshields | 12-Feb-12 | OMA Mini Meet #3, TTFC, Toronto, ON |
| 200 Metres | M65 | 33.01 | Duncan | Greenshields | 19-Mar-16 | CMA Championships, TTFC, Toronto, ON |
| 200 Metres | M70 | 28.90 | Tony | Powell | 14-Mar-15 | CMA Champs, TTFC, Toronto, ON |
| 200 Metres | M75 | 39.44 | Vern | Christensen | 19-Mar-16 | CMA Championships, TTFC, Toronto, ON |
| 200 Metres | W30 | 28.19 | Julia | Carew | 26-Feb-17 | OMA Championships, TTFC, Toronto, ON |
| 200 Metres | W35 | 26.58 | Khama | Beckles | March, 2014 | WMA Indoor Champs, Budapest, HU |
| 200 Metres | W40 | 28.23 | Violeta | Garfunkel | 10-Mar-18 | CMA Championships, TTFC, Toronto, ON |
| 200 Metres | W45 | 27.89 | Violeta | Garfunkel | 08-Mar-20 | OMA Championships, TTFC, Toronto, ON |
| 200 Metres | W50 | 30.55 | Debbie | Zinman | 02-Feb-20 | OMA Mini Meet #3, TTFC, Toronto, ON |
| 200 Metres | W55 | 33.56 | Renata | Macherzynska | 25-Feb-18 | OMA Champs, TTFC, oronto, ON |
| 200 Metres | W60 | 32.93 | Renata | Macherzynska | 08-Mar-20 | OMA Indoor Championships - 2020-03-08 |
| | | | | | | |
| 300 Metres | M35 | 44.78 | Francis | Elek | 07-Jan-12 | Sharon Anderson Memorial, Toronto, ON |
| 300 Metres | M40 | 39.99 | Chris | Lemassif | 07-Jan-12 | Sharon Anderson Memorial, Toronto ON |
| 300 Metres | M40 | 38.40 | Chris | Lemassif | 04-Jan-08 | Sharon Anderson Memorial, Toronto, ON |
| 300 Metres | M60 | 53.91 | Duncan | Greenshields | 20-Jan-13 | OMA Mini Meet #1, TTFC, Toronto, ON |
| 300 Metres | M65 | 58.33 | Duncan | Greenshields | 15-Jan-17 | OMA Mini Meet #1, TTFC, Toronto, ON |
| 300 Metres | W30 | 40.08 | Eseroghene | Omene | 07-Jan-12 | McGill Team Challenge, Montreal, QC |
| | | | | | | |
| 400 Meters | M30 | 63.83 | Steven | Blau | 26-02-2017 | OMA Championships, TTFC, Toronto, ON |
| 400 Metres | M35 | 54.35 | Andre | Mitchell | 11-Mar-12 | CMA Championships, TTFC, Toronto, ON |
| 400 Metres | M40 | 52.40 | Chris | Lemassif | March, 2008 | WMA Indoor Championships, Clermont, FR |
| 400 Metres | M45 | 52.14 | Mike | Sherar | March, 2010 | WMA Indoor Champs, Kamloops, BC |
| 400 Metres | M50 | 54.58 | Mike | Sherar | 25-Mar-17 | Daegu 2017 Indoor World Championships |
| 400 Metres | M55 | 55.63 | Mike | Sherar | 31-Mar-19 | Torun, Poland, World Indoor Championships |
| 400 Metres | M60 | 70.36 | Duncan | Greenshields | 26-Feb-12 | OMA Championships, TTFC, Toronto, ON |
| 400 Metres | M65 | 71.07 | Norman | Creen | 29-Jan-17 | OMA Mini Meet #2, TTFC, Toronto, ON |
| 400 Metres | M70 | 86.95 | Vern | Christensen | 22-Feb-15 | OMA Champs, TTFC, Toronto, ON |

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| 400 Metres | M75 | 85.64 | Vern | Christensen | 20-Mar-16 | CMA Championships, TTFC, Toronto, ON |
| 400 Metres | W30 | 56.72 | Eseroghene | Omene | 13-Feb-16 | Spire NCAA D1, Geneva, OH |
| 400 Metres | W40 | 71.51 | Amy | Ballon | 09-Mar-14 | OMA Champs, TTFC Toronto, ON |
| 400 Metres | W45 | 65.69 | Nancy | Catton | 25-Jan-15 | OMA Mini Meet #2, TTFC, Toronto, ON |
| 400 Metres | W50 | 64.38 | Annie | Bunting | 15-Mar-15 | CMA Champs, TTFC, Toronto, ON |
| 400 Metres | W55 | 71.92 | Heather | O'Hagan | 12-Mar-17 | CMA Championships, TTFC, Toronto, ON |
| 400 Metres | W60 | 85.28 | Clara | Northcott | 26-02-2017 | OMA Champs, TTFC Toronto, ON |
| | | | | | | |
| 60M Short Hurdles | M35 | 11.90 | Gary | Pluim | 16-Jan-11 | Mini Meet #2, TTFC |
| 60M Short Hurdles | M40 | 10.13 | Jordan | Rosenberg | 22-Jan-12 | OMA Mini Meet #2, TTFC, Toronto, ON |
| 60M Short Hurdles | M45 | 9.84 | Marcus | Skeete | 25-Mar-17 | WMA Indoor Champs, Deagu, Korea |
| 60m Short Hurdles | M50 | 9.77 | Marcus | Skeete | 2019-03-19 | Torun, Poland, world indoor championships |
| 60M Short Hurdles | M60 | 12.37 | Peter | Zowkewych | 16-Mar-14 | CMA Champs, TTFC, Toronto, ON |
| 60M Short Hurdles | M65 | 12.35 | Peter | Zowkewych | 11/12-Mar-2017 | CMA Champs Pentathlon, TTFC, Toronto, ON |
| 50M Short Hurdles | M40 | 9.92 | Gary | Pluim | 09-Jan-12 | OMA Mini Meet #1, TTFC, Toronto, ON |