

						As of October 22, 2018
EVENT	MF_AGE	PERFORMANCE	FIRSTNAME	LASTNAME	DATE	WHERE
High Jump	M40	1.65	Chris	Lemassif	July-2011	UTTC Summer Series 2011
High Jump	M45	1.65	Marcus	Skeete	11/13-Aug-2017	NCCWMA Champs, York Stad, Toronto, ON
High Jump	M50	1.57	Marcus	Skeete	6-Aug-2018	Gay Games, Paris, France
High Jump	M55	1.31	Jon	Comerford	27-June-2015	OMA Champs, Terry Fox Field, Brampton, ON
High Jump	M60	1.45	Peter	Zowkewych	17/18-July-2015	CMA Champs, St. Catharines, ON
High Jump	M65	1.45	Peter	Zowkewych	24/25-June-2017	US Decathlon Champs, Slippery Rock, PA
High Jump	M75	0.95	Patrick	Groulx	11/13-Aug-2017	NCCWMA Champs, York Stad, Toronto, ON
High Jump	W30	1.30	Julia	Carew	30-July-2016	OMA Champs, Varsity Centre, Toronto, ON
Pole Vault	M45	2.34	Paul	Osland	25-August-2013	OMA Athletics Festival TTFC, Toronto, ON
Pole Vault	M50	2.40	Paul	Osland	5/6-Aug-2017	OMA Champs, Varsity Centre, Toronto, ON
Pole Vault	M65	2.30	Peter	Zowkewych	6/7-August-2016	US Decathlon Champs, Shoreline, WA
Long Jump	M30	5.78	Andre	Mitchell	18-June-2011	CMA Outdoor Champs, Varsity Centre
Long Jump	M40	6.80	Nigel	John	12-July-2014	CMA Champs, Varsity Centre, Toronto, ON
Long Jump	M45	4.34	Paul	Osland	24-August-2013	OMA Athletics Festival TTFC, Toronto, ON
Long Jump	M60	3.87	Peter	Zowkewych	19-24 Aug-2014	NCCWMA Champs, San Jose, CR
Long Jump	M65	4.09	Peter	Zowkewych	24/25-June-2017	US Decathlon Champs, Slippery Rock, PA
Long Jump	M75	2.48	Patrick	Groulx	11/13-Aug-2017	NCCWMA Champs, York Stad, Toronto, ON
Long Jump	W40	4.14	Violeta	Garfunkel	30-July-2016	OMA Champs, Varsity Centre, Toronto, ON
Long Jump	W50	3.14	Theresa	Rozario	30-July-2016	OMA Champs, Varsity Centre, Toronto, ON
Triple Jump	M45	8.77	Chris	Lemassif	28-June-2015	OMA Champs, Terry Fox Field, Brampton, ON
Triple Jump	M65	7.22	Peter	Zowkewych	31-July-2016	OMA Champs, Varsity Centre, Toronto, ON
Triple Jump	M75	5.77	Patrick	Groulx	5/6-July-2017	OMA Champs, Varsity Centre, Toronto, ON
Discus	M35	32.52	Gintaras	Batura	29-July-2012	OMA Champs, Varsity Centre, Toronto, ON
Discus	M40	33.06	Jordan	Rosenberg	27-June-2010	OMA Champs, TTFC

Discus	M45	15.07	Paul	Osland	24-August-2013	OMA Athletics Festival TTFC, Toronto, ON
Discus	M60	31.12	Peter	Zowkewych	23-May-2015	Throwers Meet #1, Mohawk Park Hamilton ON
Discus	M65	31.40	Peter	Zowkewych	5-Sept-2017	Throwers Meet #3, TTFC, Toronto, ON
Discus	M70	14.90	Gary	McColeman	12-August-2016	CMA Champs Throws Pentathlon Toronto ON
Discus	M75	18.20	Patrick	Groulx	11/13-Aug-2017	NCCMA Champs, York Stad, Toronto, ON
Discus	W30	51.73	Marie-Josée	Le Jour	12-Sept-2013	Les Jeux Francophonie, Nice, FR
Discus	W35	48.79	Marie-Josée	Le Jour	24-June-2014	National de Romans, Romans-sur-Isere, FR
Discus	W45	20.67	Christine	Williams	19-June-2011	CMA Outdoor Champs, Varsity Centre
Discus	W50	25.80	Brigitte	Luzar	19-June-2011	CMA Outdoor Champs, Varsity Centre
Javelin	M40	41.00	Jordan	Rosenberg	10-May- 2011	UTTC Twilight Meet #1, Varsity Centre
Javelin	M45	30.30	Paul	Osland	19-June-2011	CMA Outdoor Champs, Varsity Centre
Javelin	M50	29.47	Paul	Osland	29-June-2014	OMA Champs, Varsity Centre, Toronto, ON
Javelin	M60	34.04	Peter	Zowkewych	19-24 Aug-2014	NCCWMA Champs, San Jose, CR
Javelin	M65	34.15	Peter	Zowkewych	5/6-Aug-2017	OMA Champs, Varsity Centre, Toronto, ON
Javelin	M70	15.04	Gary	McColeman	11-Sept-2016	Throws Triathlon, TTFC, Toronto, ON
Javelin	M75	20.03	Patrick	Groulx	5/6-Aug-2017	OMA Champs, Varsity Centre, Toronto, ON
Javelin	W30	15.60	Joan	Chung	13-July-2014	CMA Champs, Varsity Centre, Toronto, ON
Javelin	W35	32.99	Marie-Josée	Le Jour	11-July-2014	Throws Pentathlon, Hamilton, ON
Javelin	W50	22.71	Brigitte	Luzar	19-June-2011	CMA Outdoor Champs, Varsity Centre
Javelin	W55	13.25	Katherine	Willis	13-July-2014	CMA Outdoor Champs, Varsity Centre, Toro
Shot Put	M35	11.13	Gintaras	Batura	29-July-2012	OMA Champs, Varsity Centre, Toronto, ON
Shot Put	M40	6.94	Bill	Wells	11/13-Aug-2017	NCCWA Champs, York Stad, Toronto, ON
Shot Put	M45	7.09	John	Duwyn	18-June-2011	CMA Outdoor Champs, Varsity Centre
Shot Put	M60	10.99	Peter	Zowkewych	29-June-2014	OMA Champs, Varsity Centre, Toronto, ON
Shot Put	M65	11.10	Peter	Zowkewych	14-July-2016	US Masters Champs, Grand Rapids, MI
Shot Put	M70	6.81	Gary	McColeman	31-July-2016	OMA Champs, Varsity Centre, Toronto, ON
Shot Put	M75	7.93	Patrick	Groulx	11/13-Aug-2017	NCCWA Champs, York Stad, Toronto, ON
Shot Put	W35	12.87	Marie-Josée	Le Jour	24-June-2014	National de Romans, Romans-sur-Isere, FR

Shot Put	W45	8.59	Christine	Williams	July, 2011	WMA Championships, Sacramento, CA
Shot Put	W50	6.03	Theresa	Rozario	31-July-2016	OMA Champs, Varsity Centre, Toronto, ON
Shot Put	W55	5.70	Katherine	Willis	12-July-2014	CMA Champs, Varsity Centre, Toronto, ON
Hammer	M35	3.79	Gintaras	Batura	29-July-2012	OMA Champs, Varsity Centre, Toronto, ON
Hammer	M50	47.94	Ayman	Mazhar	28-June-2014	OMA Champs, Varsity Centre, Toronto, ON
Hammer	M55	41.23	Ayman	Mazhar	17/18-July-2015	CMA Champs, St. Catharines, ON
Hammer	M65	19.15	Peter	Zowkewych	9-July-2016	Throwers Meet #2, TTFC, Toronto, ON
Hammer	M70	15.33	Gary	McColeman	9-July-2016	Throwers Meet #2, TTFC, Toronto, ON
Hammer	M75	20.12	Patrick	Groulx	May28,2018	Throwers Meet #1, TTFC, Toronto, ON
Hammer	W35	50.20	Marie-Josée	Le Jour	17-May-2014	Throws Pentathlon, TTFC, Toronto, ON
Weight	M50	16.83	Ayman	Mazhar	28-June-2014	OMA Champs, Varsity Centre, Toronto, ON
Weight	M55	15.71	Ayman	Mazhar	13-August-2016	CMA Champs York Lions Stadium Toronto ON
Weight	M65	9.77	Peter	Zowkewych	30-July-2016	OMA Champs, Varsity Centre, Toronto, ON
Weight	M70	6.57	Gary	McColeman	9-July-2016	Thrower's Meet, #2, TTFC, Toronto, ON
Weight	M75	7.40	Gary	McColeman	22-July-2017	Thrower's Meet, #2, TTFC, Toronto, ON
Weight	W35	16.77	Marie-Josée	Le Jour	17-May-2014	Throws Pentathlon, TTFC, Toronto, ON