

Canadian Masters Indoor Championships
Toronto Track & Field Centre - 2018-03-10 to 2018-03-11
Results - Age Grading: 5 Yr Indiv & 5 yr Multi

W35 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
Finals						
1 Florence Cavalli	W35	UTTC	7.70	7.71 77.40%	3	7

M35 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Alex Gbaguidi	M36	UTTC	6.17	6.11 90.76%	9	5

M40 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
3 Waleed Nassar	M43	UTTC	8.10	7.72 71.85%	8	4

W45 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Debbie Zinman	W48	UTTC	7.66	6.99 85.38%	2	5

M75 50 Meter Dash Sat 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
3 Patrick Groulx	M76	UTTC	9.71	7.26 76.31%	4	4

M45 60 Meter Dash M45 Semis

Name	Age	Team	Finals	Age-Grading	Points
3 Alex-Bobbie Mason	M45	UTTC	8.05	7.47 85.59%	4

W30 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Jillian Simmons	W31	UTTC	8.33	8.34 83.07%	5	7

M35 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Alex Gbaguidi	M36	UTTC	7.18	7.08 90.25%	11	7

W35 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Florence Cavalli	W35	UTTC	9.00	8.91 77.78%	5	5

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M40 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
4 Waleed Nassar	M43	UTTC	9.62	9.21 69.44%	10	3

W40 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Violeta Garfunkel	W44	UTTC	8.57	8.18 84.71%	4	5

W50 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Mary Harmer	W53	UTTC	9.1h	8.04 86.04%	2	5

W55 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Renata Macherzynska	W59	UTTC	9.3h	7.89 87.74%	2	7

M75 60 Meter Dash Sun 11:30am

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Patrick Groulx	M76	UTTC	11.94	8.84 72.36%	6	7

M35 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Alex Gbaguidi	M36	UTTC	24.04	23.65 81.70%	20	7

W35 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Florence Cavalli	W35	UTTC	29.62	28.74 74.27%	6	5

M40 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
6 Waleed Nassar	M43	UTTC	34.13	32.55 59.36%	18	1

W40 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Violeta Garfunkel	W44	UTTC	28.23	26.38 80.91%	5	7

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M45 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
5 Alex-Bobbie Mason	M45	UTTC	26.77	24.73 78.15%	16	2

W45 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
6 Sonia Santarossa	W46	UTTC	33.78	30.35 70.34%	3	1

W50 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Mary Harmer	W53	UTTC	31.52	27.18 78.52%	2	5

M75 200 Meter Dash Sat 1:30pm

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Vern Christensen	M77	UTTC	44.12	31.84 60.70%	10	5

M40 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	H#	Points
1 Bill Wells	M43	UTTC	58.82	55.03 78.48%	12	7

M50 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Michael Sherar	M54	UTTC	56.50	49.47 87.31%	9	5
3 Marcus Skeete	M50	UTTC	57.55	50.38 85.72%	9	4

M55 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	H#	Points
4 Trevor Burns	M55	UTTC	68.02	57.51 75.10%	7	3

M75 400 Meter Dash Sun 1:00pm

Name	Age	Team	Finals	Age-Grading	H#	Points
2 Vern Christensen	M77	UTTC	1:37.85	68.34 63.19%	4	5

M35 800 Meter Run Sat Noon

Name	Age	Team	Finals	Age-Grading	H#	Points
3 Tedd Konya	M37	UTTC	2:21.30	2:20.13 72.16%	6	4

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M40 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
2 Bill Wells	M43 UTTC	2:08.95	2:03.28 82.02%	6	5

M50 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
1 Paul Osland	M54 UTTC	2:10.13	1:55.13 87.83%	5	7
3 Simon Rayner	M54 UTTC	2:13.48	1:58.09 85.62%	5	4

M55 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
2 Armand D'Oliveira	M57 UTTC	2:20.67	1:59.43 84.66%	4	5
3 Trevor Burns	M55 UTTC	2:39.04	2:15.03 74.88%	4	4

W55 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	Points
-- Joy Kramarich	W57 UTTC	DNF		

W60 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	Points
1 Clara Northcott	W63 UTTC	3:10.08	2:29.18 75.94%	7

M60 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
2 Anthony Farr	M63 UTTC	2:47.16	2:15.96 74.37%	4	5

M75 800 Meter Run Sat Noon

Name	Age Team	Finals	Age-Grading	H#	Points
2 Vern Christensen	M77 UTTC	3:32.80	2:27.35 68.62%	3	5

M35 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
3 Tedd Konya	M37 UTTC	5:11.98	5:09.27 66.61%	5	4

M40 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Jay Brecher	M44 UTTC	4:26.57	4:13.75 81.18%	5	7

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M45 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Philip Oreopoulos	M45 UTTC	4:31.96	4:08.17 83.01%	5	7

W45 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
2 Amy Ballon	W46 UTTC	5:21.02	4:50.27 80.09%	5

M50 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
1 Paul Osland	M54 UTTC	4:30.92	3:56.55 87.09%	4	7
2 Simon Rayner	M54 UTTC	4:36.60	4:01.50 85.30%	4	5

M55 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
3 James Wallace	M55 UTTC	5:43.89	4:46.71 71.85%	3	4

W55 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points
1 Makie Ohler	W55 UTTC	5:36.98	4:36.73 84.01%	7

W60 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
2 Clara Northcott	W63 UTTC	6:23.89	4:57.87 78.05%	2	5

M75 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points
2 Vern Christensen	M77 UTTC	7:06.98	4:39.93 73.59%	2	5

M40 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
2 Jay Brecher	M44 UTTC	9:27.52	9:07.78 80.32%	2	5

W45 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Amy Ballon	W46 UTTC	11:17.66	10:14.71 81.57%	7

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M45 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
2 Philip Oreopoulos	M45 UTTC	9:58.93	9:17.25 78.96%	2	5

M50 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	H#	Points
1 Simon Rayner	M54 UTTC	10:16.61	9:12.24 79.68%	2	7

W55 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Makie Ohler	W55 UTTC	11:39.04	9:18.12 89.84%	7
2 Katherine Willis	W59 UTTC	15:42.65	12:32.62 66.62%	5

M60 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Anthony Farr	M63 UTTC	12:22.60	10:13.39 71.73%	7

W60 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
1 Clara Northcott	W63 UTTC	13:44.30	10:13.28 81.76%	7

M75 3000 Meter Run Sat 2:00pm

Name	Age Team	Finals	Age-Grading	Points
2 Vern Christensen	M77 UTTC	15:09.03	10:35.05 69.29%	5

M50 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
1 Marcus Skeete	M50 UTTC	1.55m	1.80m 73.46%	7
		1.45 1.50 1.55 1.60		
		XO XO XXO XXX		

M55 High Jump Sun 10:15am

Name	Age Team	Finals	Age-Grading	Points
3 James Wallace	M55 UTTC	1.20m	1.47m 60.00%	4
		1.10 1.15 1.20 1.25		
		O O O XXX		

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M45 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading Points
4 Alex-Bobbie Mason	M45 UTTC	4.23m	4.88m 54.58% 3
FOUL FOUL FOUL 4.23m	3.89m FOUL		

M75 Long Jump Sat 11:30am

Name	Age Team	Finals	Age-Grading Points
1 Patrick Groulx	M76 UTTC	2.77m	4.99m 55.73% 7
2.44m 2.31m 2.77m	2.68m		

M75 Triple Jump Sun 11:00am

Name	Age Team	Finals	Age-Grading Points
1 Patrick Groulx	M76 UTTC	5.90m	10.35m 56.62% 7
5.78m FOUL 5.75m	5.86m 5.90m 5.67m		

M35 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
3 Alex Gbaguidi	M36 UTTC	10.52m	10.91m 47.20% 4
9.72m FOUL 10.52m	8.35m 9.83m 9.68m		

M45 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
4 Alex-Bobbie Mason	M45 UTTC	7.01m	8.42m 36.45% 3
6.67m 6.54m 6.93m	6.85m 7.01m 6.98m		

M65 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
2 Peter Zowkewych	M67 UTTC	10.66m	14.50m 62.74% 5
10.34m 10.38m FOUL	10.59m 10.66m FOUL		

M75 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points
3 Patrick Groulx	M76 UTTC	7.52m	10.52m 45.52% 4
6.92m 7.20m 7.01m	7.52m		
4 Gary McColeman	M76 UTTC	6.99m	9.78m 42.31% 3
6.74m 6.53m 6.11m	6.87m 6.99m 6.54m		

M55 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading Points
1 Ayman Mazhar	M58 UTTC	15.77m	17.70m 68.45% 7
13.96m 15.77m FOUL	FOUL FOUL FOUL FOUL		

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M75 Weight Throw Sat 3:00pm

Name	Age Team	Finals	Age-Grading Points
2 Patrick Groulx FOUL 5.70m FOUL FOUL 4.91m	M76 UTTC	5.70m	7.00m 27.08% 5

M50 1000 Meter Run Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Marcus Skeete	M50 UTTC	3:15.14	2:50.85 76.39% 757

M50 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading H#	Points
1 Marcus Skeete	M50 UTTC	10.14	9.05 80.67%	2 735

M50 High Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Marcus Skeete 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 O P O P P XXO XO P XXX	M50 UTTC	1.57m	1.82m 74.41% 644

M50 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Marcus Skeete 4.49m 4.23m 4.72m	M50 UTTC	4.72m	5.79m 64.84% 542

M50 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points
1 Marcus Skeete 7.05m 7.10m 6.88m	M50 UTTC	7.10m	8.32m 35.99% 385

M50 Indoor Pentathlon Sat 10:40am

Name	Age Team	Finals
1 Marcus Skeete	M50 UTTC	3063