

Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M30 50 Meter Dash Sat 11:15am**

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
Finals					
3 Steven Blau	M33 UTTC	7.82	7.83 70.84%	8	4

W40 50 Meter Dash Sat 11:15am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
1 Violeta Garfunkel	W43 UTTC	7.41	7.15 83.40%	2	7

M50 50 Meter Dash Sat 11:15am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
1 Chris Lemassif	M50 UTTC	6.65	5.89 94.14%	7	7

M75 50 Meter Dash Sat 11:15am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
3 Patrick Groulx	M75 UTTC	10.57	7.91 70.10%	3	4

W30 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
1 Julia Carew	W31 UTTC	8.64	8.65 80.09%	3	7

W40 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
1 Violeta Garfunkel	W43 UTTC	8.76	8.36 82.88%	3	7

M40 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
3 Michal Kapral	M44 UTTC	8.57	8.20 77.95%	8	4

W45 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
4 Sonia Santarossa	W45 UTTC	9.81	9.02 76.76%	2	3

M50 60 Meter Dash Sun 11:15am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
2 Chris Lemassif	M50 UTTC	7.70	6.92 92.34%	7	5

Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M75 60 Meter Dash Sun 11:15am**

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
2 Patrick Groulx	M75 UTTC	13.02	9.64 66.36%	4	5

M30 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
1 Steven Blau	M33 UTTC	28.74	28.75 67.22%	17	7

W40 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
1 Violeta Garfunkel	W43 UTTC	28.50	26.63 80.14%	3	7

M50 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
2 Chris Lemassif	M50 UTTC	24.45	21.85 88.47%	12	5

M75 200 Meter Dash Sat 1:15pm

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
3 Gary McColeman	M75 UTTC	44.81	32.34 59.76%	6	4
4 Patrick Groulx	M75 UTTC	54.09	39.03 49.51%	6	3

M40 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
3 Michal Kapral	M44 UTTC	61.21	57.26 75.41%	11	4

M45 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
4 Marcus Skeete	M49 UTTC	58.77	53.22 81.15%	10	3

M50 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
2 Paul Osland	M53 UTTC	56.14	49.15 87.87%	8	5

W55 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
1 Heather O'Hagan	W55 UTTC	71.92	58.74 81.03%	2	7

Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 400 Meter Dash Sun 11:45am**

Name	Age Team	Finals	Age-Grading	Points	Alternate
3 Clara Northcott	W62 UTTC	1:27.40	67.43 70.59%	4	

M65 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
2 Norman Creen	M66 UTTC	73.95	57.95 74.51%	5	5	

M75 400 Meter Dash Sun 11:45am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
3 Patrick Groulx	M75 UTTC	2:28.81	1:43.93 41.55%	4	4	

M30 800 Meter Run Sat 11:40am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
1 Steven Blau	M33 UTTC	2:22.17	2:22.18 71.12%	7	7	

M40 800 Meter Run Sat 11:40am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
2 Bill Wells	M42 UTTC	2:08.23	2:02.59 82.48%	6	5	
4 Jay Brecher	M43 UTTC	2:10.15	2:04.43 81.26%	6	3	

M50 800 Meter Run Sat 11:40am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
2 Paul Osland	M53 UTTC	2:05.83	1:51.33 90.83%	5	5	

W55 800 Meter Run Sat 11:40am

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Heather O'Hagan	W55 UTTC	2:44.15	2:16.17 83.19%	7	
-- Joy Kramarich	W56 UTTC	DNF			

M60 800 Meter Run Sat 11:40am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
1 Anthony Farr	M62 UTTC	3:01.42	2:27.55 68.53%	4	7	

W60 800 Meter Run Sat 11:40am

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Clara Northcott	W62 UTTC	3:07.89	2:27.46 76.82%	7	

Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 800 Meter Run Sat 11:40am**

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
1 John Helliher	M65 UTTC	2:34.48	2:00.13	84.17%	4	7

M75 800 Meter Run Sat 11:40am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
2 Vern Christensen	M76 UTTC	3:24.89	2:21.87	71.27%	3	5

M40 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
2 Jay Brecher	M43 UTTC	4:27.49	4:14.63	80.90%	5	5
3 Ian Reid	M43 UTTC	4:36.72	4:23.41	78.21%	5	4
4 Michal Kapral	M44 UTTC	4:57.21	4:42.92	72.81%	5	3
-- Bill Wells	M42 UTTC	DNF			5	

W45 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
3 Amy Ballon	W45 UTTC	5:23.85	4:52.83	79.39%	2	4

W60 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
1 Clara Northcott	W62 UTTC	6:17.24	4:52.71	79.42%	7	

M65 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
1 John Helliher	M65 UTTC	5:09.08	3:52.71	88.52%	3	7

M75 1500 Meter Run Sun 10:00am

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
2 Vern Christensen	M76 UTTC	6:46.40	4:26.44	77.32%	3	5

M30 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
1 Steven Blau	M33 UTTC	12:09.78	12:09.79	60.29%	2	7

W45 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	H#	Points	Alternate
2 Amy Ballon	W45 UTTC	11:27.70	10:23.82	80.38%	2	5

Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 3000 Meter Run Sat 1:45pm**

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
3 Walter Faion	M56 UTTC	11:53.24	10:13.96	71.67%	2 4

M60 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
2 Anthony Farr	M62 UTTC	12:27.95	10:17.81	71.22%	2 5

W60 3000 Meter Run Sat 1:45pm

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Lynn Kobayashi	W61 UTTC	13:04.68	9:43.81	85.89%	7
2 Clara Northcott	W62 UTTC	13:21.13	9:56.05	84.12%	5

M45 60 Meter Hurdles Sat 10:35am

Name	Age Team	Finals	Age-Grading H#	Points	Alternate
4 Marcus Skeete	M49 UTTC	11.32	10.30	70.94%	3 3

W30 4x200 Meter Relay Sun 1:00pm

Team	Finals	Points	Alternate
1 University of Toronto TC 'A' 1) Violeta Garfunkel 43 3) Heather O'Hagan 55	2:02.47	7	
2) Sonia Santarossa 45 4) Julia Carew 31			

M40 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points	Alternate
2 Michal Kapral	M44 UTTC	1.25m	1.31m	53.42%	5

M45 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points	Alternate
-- Marcus Skeete	M49 UTTC	NH			

M75 High Jump Sun 10:00am

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Patrick Groulx	M75 UTTC	0.90m	1.43m	58.44%	7

M75 Long Jump Sat 11:15am

Name	Age Team	Finals	Age-Grading	Points	Alternate
2 Patrick Groulx	M75 UTTC	2.31m	4.16m	46.48%	5

Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 Triple Jump Sun 11:45am**

Name	Age Team	Finals	Age-Grading Points	Alternate
-- Michal Kapral	M44 UTTC	ND		

M75 Triple Jump Sun 11:45am

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Patrick Groulx	M75 UTTC	5.04m	8.84m 48.37%	7

M40 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Bill Wells	M42 UTTC	7.10m	7.90m 34.20%	7

M45 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points	Alternate
4 Marcus Skeete	M49 UTTC	7.75m	9.31m 40.30%	3

M75 Shot Put Sat 9:30am

Name	Age Team	Finals	Age-Grading Points	Alternate
2 Patrick Groulx	M75 UTTC	7.57m	10.59m 45.82%	5
4 Gary McColeman	M75 UTTC	6.90m	9.65m 41.77%	3

M55 Weight Throw Sat 2:30pm

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Ayman Mazhar	M57 UTTC	15.33m	17.20m 66.54%	7

M75 Weight Throw Sat 2:30pm

Name	Age Team	Finals	Age-Grading Points	Alternate
2 Patrick Groulx	M75 UTTC	7.19m	8.83m 34.16%	5
3 Gary McColeman	M75 UTTC	6.72m	8.25m 31.92%	4

M65 1000 Meter Dash Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Peter Zowkewych	M66 UTTC	4:46.06	3:36.30 60.34%	353

M65 60 Meter Hurdles Indoor Pentathlon

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Peter Zowkewych	M66 UTTC	12.35	9.81 74.41%	578

Canadian Masters Indoor Championships - 2017-03-11 to 2017-03-12**Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 High Jump Indoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Peter Zowkewych	M66 UTTC	1.42m	1.96m 80.23%	767	

M65 Long Jump Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Peter Zowkewych	M66 UTTC	3.64m	5.52m 61.80%	485	

M65 Shot Put Indoor Pentathlon

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Peter Zowkewych	M66 UTTC	10.84m	14.74m 63.80%	774	

M65 Indoor Pentathlon Sat 10:30am

Name	Age Team	Finals	Alternate
1 Peter Zowkewych	M66 UTTC	2957	